

Donning and Doffing of Disposal Gloves

Firstly, Public Health England (PHE) and the World Health Organisation is not recommending the use of gloves as a protective measure against COVID-19 for the general public. The best way to protect yourself and others is: wash your hands with soap and water, or use a sanitiser gel, regularly throughout the day.

However, if you choose to wear gloves it is important to ensure they are correct for the purpose and donned, donned and disposed of correctly.

WATCHTHIS VIDEO - <https://www.globus.co.uk/how-to-safely-remove-disposable-gloves>

- Select the correct type and size of gloves for the purpose.
- Ensure clean hands before putting gloves on.
- Plan how contaminated gloves will be disposed of prior to use.
- Gloves should be removed before you enter your vehicle without touching the outside of the gloves with your bare hands.
- To remove your gloves, pinch the back of the glove on your left hand with your gloved right hand. Withdraw your left hand from the glove, turning the glove inside out as you do.
- Ball the removed glove in the palm of gloved hand. Without touching the outside of the glove, place a finger of your left hand inside the top of the right glove.
- Pull the glove forward removing your right hand from the glove and turning the glove inside out so that it encloses the balled left hand glove.
- Dispose of the gloves in an enclosed waste bin or waste bag.

